
CONFIRMATION

Study Packet

St. Rose of Lima Catholic Church
Office of Youth Ministry

Traditional Catholic Prayers

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the
Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(*bow*) and by the Holy Spirit was incarnate of the
Virgin Mary, and became man. (*stand up*)

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of
life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic
Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Lord's Prayer

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Glory Be to the Father (Doxology)

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Act of Contrition

O my God,
I am sorry and repent with all my heart
for all the wrong I have done
and for the good I have failed to do,
because by sinning I have offended you,
who are all good and worthy to be loved above all
things.
I firmly resolve, with the help of your grace,
to do penance,
to sin no more,
and to avoid the occasions of sin.
Through the merits of the Passion of our Savior
Jesus Christ,
Lord have mercy.

CONFIRMATION STUDY GUIDE

1. **What is the name of our Pope?** Pope Francis
2. **What diocese are we a part of?** The Archdiocese of Galveston-Houston
3. **Who is our bishop of Galveston-Houston?** Daniel Cardinal DiNardo
4. **Who is the Auxiliary Bishop of Galveston-Houston?** Auxiliary Bishop Italo Dell'Oro
5. **Who is our Pastor at St. Rose?** Fr. Linh Nguyen
6. **Who is the Parochial Vicar of St. Rose?** Fr. John Samuel
7. **What are the names of our Deacons at St. Rose?** Dc. John Murrell, Dc. Ed Herrera, Dc. David Dufilho, Dc. Ray Rodriguez
8. **Who is the Holy Spirit?** The Holy Spirit is God, the Third Person of the Blessed Trinity. (The Spirit is the love between the Father and the Son.)
9. **When does the Holy Spirit first come to us?** The Spirit first comes to us at Baptism, when we receive sanctifying grace, or God's very life within us.
10. **How does the Holy Spirit help us?** The Spirit strengthens us and makes us holy. The Spirit enables us to love, spread, and defend our faith.
11. **Who is a Christian?** A Christian is a follower of Jesus Christ.
12. **When do we become Christians?** We become Christians at Baptism, when we begin a new life as children of God and members of the Church.
13. **What is the sacrament of Confirmation?** The sacrament of Confirmation is the sacrament of initiation that seals what happened at Baptism. Through it, the Spirit and his gifts are strengthened, and we are linked more closely to Christ and the Church.

Answer the following questions to describe the birth of the Church.

1. **Why did Jesus promise to send the Holy Spirit?** (also see: CCC 1287, 729; John 14:15-29; 15:26; 16:7-15; 17:16, Luke 24: 39, Acts of the Apostles)
Jesus promised to send the Holy Spirit to help His followers and to make them holy.
2. **When was this promise fulfilled?** (CCC 731) This promise was fulfilled on Pentecost.
3. **Who received the Spirit?** The Apostles and Mary received the Spirit.
4. **Where were they when they received the Spirit?** (Acts of the Apostles) They were in an upper room in Jerusalem.
5. **In what form did the Spirit come upon them?** (Acts of the Apostles) The Spirit came upon them as tongues of fire.

CONFIRMATION STUDY GUIDE

14. **Name the four characteristics of the early Christians.** The four characteristics of the early Christians were
 1. Community - living and praying together ; sharing common bonds
 2. Message - learning from the Apostles; proclaiming the Good News
 3. Worship - praying in the Temple; breaking bread in honor of Jesus
 4. Service - loving one another; caring for the poor
15. **What are sacraments?** Sacraments are outward signs of inward grace instituted by Jesus Christ
16. **Why did Jesus give his Church the sacraments?** Jesus gave His Church the sacraments to continue His saving work and to build up the community of believers.
17. **What are the three Sacraments of Initiation?** The three Sacraments of Initiation are Baptism, Confirmation, and Eucharist. We are born in Baptism, strengthened in Confirmation, and nourished by the Eucharist.
18. **How does Confirmation help us?**
 1. increases the life of the Spirit within us
 2. strengthens us to profess, defend, and spread the faith
 3. empowers us to give witness to Jesus and to carry on His mission
 4. links us more closely with Christ and the Christian community.
19. **Why can Baptism and Confirmation be celebrated only once?** At Baptism and Confirmation you are marked with a permanent character or seal of the Lord.
20. **What are the signs of Confirmation?** The signs of Confirmation are the laying on of hands, anointing on the forehead with oil (chrism) by the bishop and the words “Be sealed with the gift of the Holy Spirit.”
21. **What is chrism and when is it consecrated?** Chrism is perfumed oil. It is usually consecrated at the Chrism Mass on Holy Thursday.
22. **Where do the words “Be sealed” come from and what do they mean?** These words of anointing are based on the practice of stamping something for identification. In Confirmation, God marks us as His own.
23. **What special preparation should a candidate make to receive Confirmation?** In preparing to receive Confirmation, a candidate should
 1. pray and celebrate the sacraments
 2. live the Gospel
 3. be guided and supported by Catholic Christians
 4. and study the faith.
24. **What is the role of a sponsor?** The role of a sponsor is to help the candidate live his or her faith and be a good example of Catholic Christian life. The sponsor presents the candidate to the bishop for anointing.

CONFIRMATION STUDY GUIDE

25. **Name and define the gifts of the Holy Spirit.** The gifts of the Holy Spirit are:

1. **Wisdom** - enables you to see life from God's point of view. You recognize the real value of persons, events, and things.
2. **Understanding** - gives you insight into the truths of faith and being a follower of Jesus. It helps you to make right choices in your relationships with God and others.
3. **Counsel (Right judgment)** - helps you seek advice and to be open to the advice of others. Right judgment also helps you give advice.
4. **Knowledge** - helps you to know what God asks of you and how you should respond. You come to know God. You come to know who you are and the value of things through the experiences of your life.
5. **Fortitude (Courage)** - enables you to stand up for your beliefs and to live as a follower of Christ. Courage helps you undertake challenging tasks in the service of God and be faithful to ordinary duties.
6. **Piety (Reverence)** - helps you love and worship God. Reverence leads to prayer and to a deep respect for God, for his people, and for all creation.
7. **Fear of the Lord (wonder and awe)** - helps you recognize the greatness of God and your dependence on God. This gift helps you avoid anything that would separate you from God's incredible love for you.

26. **What are the 12 fruits of the Holy Spirit?**

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|-----------------|------------------|
| 1. Charity | 7. Patience |
| 2. Generosity | 8. Modesty |
| 3. Joy | 9. Kindness |
| 4. Gentleness | 10. Self-control |
| 5. Peace | 11. Goodness |
| 6. Faithfulness | 12. Chastity |

27. **Who is the ordinary minister of Confirmation?** The bishop, the successor of the Apostles, is the ordinary minister of Confirmation.

28. **How many times does the Rite of Confirmation call for the laying on of hands?** The Rite of Confirmation calls for the laying on of hands once.

29. **When does this laying on of hands occur?** This occurs when the bishop extends their hands over the group of candidates and invokes the Holy Spirit.

30. **When does the Bishop actually confirm the candidates?** The bishop places his hand on the forehead of the individual candidates as he anoints them with chrism. This is when each candidate is actually confirmed.

31. **What does the bishop say and do when he confirms a candidate?** The bishop traces the sign of the cross with chrism on the candidate's forehead and says, "[Name], be sealed with the Gift of the Holy Spirit." And you respond "Amen". He will then say, "The Lord be with you." and you respond, "And with your Spirit."

CONFIRMATION STUDY GUIDE

32. The **Corporal Works of Mercy** are these kind acts by which we help our neighbors with their material and physical needs:

1. feed the hungry
2. Give drink to the thirsty
3. shelter the homeless
4. clothe the naked
5. visit the sick
6. Visit the imprisoned
7. bury the dead

33. The **Spiritual Works of Mercy** are acts of compassion, as listed below, by which we help our neighbors with their emotional and spiritual needs:

1. Instruct
2. Advise
3. Console
4. Comfort
5. Forgive
6. Bear wrongs patiently
7. Pray for the living and dead

34. **The Beatitudes** are the teachings of Jesus in the Sermon on the Mount (Matthew 5:1-10). Jesus teaches us that if we live according to the Beatitudes, we will live a happy Christian life. The Beatitudes fulfill God's promises made to Abraham and his descendants and describe the rewards that will be ours as loyal followers of Christ.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

CONFIRMATION STUDY GUIDE

35. **The Great Commandment** - Jesus teaches that the moral life can be summed up in terms of love of God, self, and neighbor. The New Testament understanding of love is based on the Old Testament understanding of covenant love, which is that God's steadfast love will never waver. The Christian who cooperates with the Holy Spirit will not waver in his or her love for God. This is a love of commitment and action to a better personal relationship with God. It shows a true appreciation of how much God loves the person as an individual—as well as the person's willingness to serve the neighbor.

1. The Great Commandment

- i. The Ten Commandments are fulfilled in Jesus' Great Commandment: "You shall love...God with all your heart, with all your soul, with all your mind, and with all your strength....You shall love your neighbor as yourself." (Mark 12:30-31)

2. The New Commandment

- i. Before his death on the cross, Jesus gave his disciples a new commandment: "Love one another. As I have loved you, so you also should love one another" (John 13:34).

36. **The Ten Commandments** - As believers in Jesus Christ, we are called to a new life & are asked to make moral choices that keep us united with God. With the help & grace of the Holy Spirit, we can choose ways to act that keep us close to God, help other people, & be witnesses to Jesus.

The Ten Commandments guide us in making choices that help us to live as God wants us to live. The first three, tell us how to love God; the other seven tell us how to love our neighbor.

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

31. **Theological and Cardinal Virtues** - Virtues are gifts from God that lead us to live in a close relationship with Him. They're like habits. They need to be practiced & can be lost if neglected. The three most important ones are called theological virtues because they come from God & lead us to God. The cardinal virtues are human ones, acquired by education & good actions. Cardinal comes from *cardo*, the Latin word for hinge, meaning "that on which other things depend."

Theological Virtues

- i. Faith
- ii. Hope
- iii. Charity

Cardinal Virtues

- iv. Prudence
- v. Justice
- vi. Fortitude
- vii. Temperance